

## POMBAL - PORTUGAL

21<sup>ST</sup> TO 29<sup>TH</sup> August 2009

### ADVICES

When you arrive at Portela Airport – Lisbon you may take a taxi, out of the exit lounge.

You may ask to the driver to take you to Orient Station , in Portuguese “ Estação do Oriente “, about 2 Km going down straight to the river “Tejo”.

The maximum cost of the race is about 3,50 euros. You may give a tip if you agree.

The Orient Station is a very beautiful and modern structure, built in concrete, with an autobus station, a metro station and a railways station, with a Comercial Center in front of it.

The Comercial Center “Vasco da Gama“ has restaurants and all kind of commerce, cinemas, etc., and is integrated in the place where took place, in 1998, the last exposition of the century, the universal exposition “ Lisbon - Expo 98 “.

The railways station, Orient Station, has the ticket offices in the first floor and the train stops in the second floor.

At the ticket office you ask for a ticket to POMBAL – it costs between 13 euros ( for the normal train) and 28 euros ( for the pendular train) depending on the class you choose. You may choose the option and the time.

Call center of CP (Portugal Trains): +351 218 545 212, web-page: [www.cp.pt](http://www.cp.pt).

If you have time take a walk along the river in the Park of Nations, just on the other side of the commercial center Vasco da Gama, between this one and the river.

Please take a look on the local map.

Have a good trip !